



Green County Cooperative
Extension Service
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Like our Facebook page
for last minute reminders
and quick updates:
facebook.com/Green4H
or visit our website at
www.GreenCounty4-H.org.

What is 4-H?

4-H is America's largest
youth development
organization—empowering
nearly six million young
people with the skills to
lead for a lifetime.

A community for all kids...
In 4-H, we believe in the
power of young people.
We see every child with
valuable strengths and real
influence to improve the
world around us.

We believe...
all young people have
potential, ensuring
access and equity for all,
the practice of positive
youth development by
creating positive
learning experiences,
caring and trusted adult
mentors who cultivate
positive relationships
with youth, and
developing young people
who are empowered,
confident, hard-working,
determined, responsible
and compassionate—seeing
a world beyond themselves
so that they have the life-
long skills to succeed in
college and career.

Essential Skills for Speech Contest Success

The county 4-H Communication Contest is just on the horizon. There are several categories for youth to enter as they begin this process at the county level such as speech, demonstration or mock job interview contests.

Youth will be categorized based on age or a core subject area. Core areas include Agriculture, Communication and Expressive Arts, Family and Consumer Sciences, Health, Leadership, Natural Resources and Science, and Engineering and Technology. Youth are scored based on certain criteria during this contest and, depending on the score, can advance from the county to area contests and then to the state level. At the end of the contest, the top-scoring youth will be named the champion for that category.

To perform their best, young orators must be equipped with specific skills to ensure their success. These contests are not just about speaking well; they are about captivating an audience, conveying a message effectively and showcasing confidence and clarity.

1. **Understanding Audiences:** Speakers should learn to tailor their speech to resonate with their listeners.
2. **Content Development:** A well-informed speech is the backbone of effective communication. This involves critical thinking and the ability to discern credible sources.
3. **Structuring the Speech:** Begin with an engaging introduction, transitioning into a



well-organized body, and end with a memorable conclusion helps retain the audience's attention.

4. **Overcoming Stage Fright:** Building confidence is essential including strategies to overcome nervousness like deep breathing exercises, practice and positive visualization.
5. **Rehearsal and Feedback:** Regular practice and constructive feedback are invaluable. Speakers should rehearse their presentation multiple times and seek feedback to refine their delivery.

Preparing young speakers for communication contests involves a holistic approach beyond mere verbal proficiency. It's about instilling confidence, teaching the nuances of effective communication, and encouraging a personal touch that resonates with the audience. With these skills, young orators are not just prepared for contests; they are equipped for life-long effective communication. The county communications event is April 22 with a registration deadline of April 17. Contact the 4-H office for more details.

- James Allen, 4-H Agriculture Extension Specialist

To Make the Best Better



Cloverbud Camp

For youth interested in the outdoors, hands-on activities and interaction with others, Camp Cloverbud may be just the thing for the lazy days of summer. Camp Cloverbud is open to all Kentucky youths ages 6-8 and takes place June 21-23 in Dawson Springs at the West Kentucky 4-H Camp.

The statewide camp gives younger 4-Hers an opportunity to get firsthand experience in all of the many activities and events that are offered during regular 4-H camp.

Since the campers are younger than 4-H'ers, Camp Cloverbud is shorter than the traditional week-long 4-H camp. The three-day, two-night camp begins Friday evening and ends early Sunday afternoon. The shorter length helps campers and parents adjust to what may be the youth's first sleepover experience.

To meet the needs of younger campers, the camp has a higher ratio of adult and teen leaders than regular 4-H camp. Each youth must have an approved adult attend.

The cost of the camp is \$160 for youth and \$150 for teens and adults, which includes meals, lodging, staff, and supplies.

Campers will participate in exciting day classes, nightly activities and a free swim.

Registration deadline for Cloverbud Camp is May 1. For more information or to register for the camp, contact the Green County Cooperative Extension Service.



Speech and Demos

4-H's annual showcase is a celebration of communications and set for April 22 starting at 6pm. The event includes the local contest for Speeches and Demonstrations. Champions advance to the Area Showcase in early May. Youth interested must register by April 17. For more details, contact the 4-H office. All youth participating in county event will receive a \$25 summer camp scholarship; winners that attend the area contest will receive an additional \$50 camp scholarship.

Demonstration Contest

The Demonstration Contest allows 4-H'ers to show how to do something they enjoy. The time limit is 15 minutes for most categories. Competition is against other 4-H'ers based upon age and categories. There are sixteen categories in each age division.

Speech Contest

The 4-H speech contest allows youth to compete against youth who are the same age. The speech may be on any topic. Youth ages 9-13 (as of January 1, 2023) should prepare a speech that is 3-5 minutes; senior 4-Hers should prepare a speech 5-7 minutes.

☐ Register by April 17.



Looking for Adults to Teach Photography

We have youth interested in learning how to take better photos. 4-H is looking for adults who might be willing to teach a few photography concepts. We have a youth curriculum that is easy to use and teach. Are you the person who can help us? Any adult interested should contact the 4-H office.



Green County Fair

4-H exhibits are a huge part of the county fair. Youth can enter hundreds of categories to earn the right to advance to the Kentucky State Fair. Any Green County youth ages 9-18, as of this past January 1 can enter items. There is not fee to enter. Each entry may receive a cash prize based on the quality of the work. Fair entries must be turned into the 4-H office by June 2, 6pm. Full fair details can be found at <https://green.ca.uky.edu/4h>.

Visit GreenCounty4-H.org
or call us at 270-932-5311



UK Cooperative Extension Service



Photo Contest

April's event is an old fashioned photo contest. Our surroundings are full of interesting and unusual things that many miss in this hectic life. The 4-H Photography Project gives youth the opportunity to become more aware of the unique world around us.

These hands-on camera experiences give youth many opportunities to explore and discover. Youth also develop and master many life skills including acquiring, analyzing and using information, solving problems, making decisions, managing resources, communicating with and relating to others, and working with groups. Members develop artistic expression and learn to recognize and accept differences. Equally important, 4-Hers develop self-esteem through pride in their photographic accomplishments.

Members can exhibit their photography each year at the county fair and qualify for the Kentucky State Fair.

For April, youth can submit their favorite photo for our contest. The pictures will be judged based on technical, impact, composition, creativity and the ability of the picture to tell a story. Picture must be taken by the youth; youth can use any device to take the photo.

☐ email photo by April 30 to green.ext@uky.edu with the youth's grade and name.

2024 International Exchange Inbound Program

July 21 - August 16

Open your home to the world next summer! Host a Japanese or Taiwanese youth aged 12-18. Host families must have a child within 3 years of age of the incoming youth.



Livestock

Registration Deadline

May 1 is the deadline for all youth showing livestock projects this year to have completed their six hours of educational activities. This is an annual requirement and must be completed each year for eligibility to show in the district and state shows. These educational hours must be approved by the local certified livestock coach and the 4-H agent. Contact the 4-H Office ASAP if you are needing these education hours.



International Club

The next International Club meeting is May 8 from 3pm-4:30pm CT. The club is free to join, but all youth must register each month to prepare for the food and supplies. Generally, monthly meetings are scheduled on fourth Wednesdays, but check the newsletter or the 4-H Facebook page for updates.

Youth may ride the bus from school to the 4-H office with a parent's note, but they will need to be picked up at 4:30pm.

☐ Register by May 7; [4-H Participant Form is required at first meeting youth attends](#)



Cooperative Extension Service
 University of Kentucky
 Green County
 298 Happyville Road
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RETURN SERVICE REQUESTED



4-H Summer Camp

June 11-14, 2024

- Registration is currently open
- \$300 per youth
- Adults may attend for free if willing to help chaperone, teach a camp class, etc and pass all volunteer screening
- Limited scholarships are available.
- Earn up to half camp fee discount by participating in the county and area communications day with a speech or a demonstration.

Why Should I Volunteer for Green County 4-H Camp?

Teens ages 15-17 and adults can make a lasting impact in the lives of 4-Hers by volunteering at summer 4-H camp. There are many wonderful benefits like

- Mentor kids
- Build relationships
- Try something new
- It's rewarding
- Something for the entire family
- Opportunity to give back
- Experience the outdoors
- Give kids the opportunity of a lifetime
- YOU can be a KID too!
- Have Fun!



YOU ARE NEEDED!: Kids can't go without you

For More information:
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