



NEWSLETTER



Homemakers visited My Old Kentucky Home back in December!



Sewing Basics program: participants made grocery bag holders!

Teen Cooking Camp hosted in December: Students had a hands-on cooking experience in the kitchen!



December and January Recap

How is it already the second month of 2025! These past two months have been eventful with all the snow cancelations but still had some great programs go on.

Homemakers took a passport trip to My Old Kentucky Home. It was very windy and cold but we had a great trip!

Teen Cooking Camp was hosted in December for middle school and high school aged students. We had three participants and one even drove over an hour to attend!

The Sewing Basics program was a huge hit! We had 7 participants ranging in sewing knowledge. They got to put their sewing skills to work and make a grocery bag holder! Be on the lookout for more sewing programs in the upcoming months!

Not pictured but we had another sewing program with middle school students. They got to learn hand sewing and the different kinds of stiches!

Sincerely, Katelyn Squires

What else has Katelyn done in Dec & Jan?

- LEAP with Head Start and Little Lambs
- Just Family Adult Day
- Art Council Meetings
- FCS Staff Meetings
- Cooking from the Calendar
- Quilting with fellow FCS Agents
- Sewing with Middle School Students
- Vanilla Extract Class taught by Cindy Humble



LEAP: How to Build a Snowman



Vanilla Extract Class





Join us in welcoming Green County's new 4-H Youth Development Agent

Cooperative Extension Service

Sue Ann McCandless



A reception is being held on

Tuesday, February 4th 2025
Come and Go Style from 3pm-5pm CST

Green County Cooperative Extension Office
298 Happyville Rd Greensburg KY 42743



Love of Chocolate

Did you know chocolate has health benefits?
Want to create some chocolatey treats?
Need to prepare for Valentine's Day?
Love chocolate?

Join us on February 13th from 10a-12p CST
for the "Love of Chocolate" class!

No class fee but spots are limited so
registration is required by February 7th!

Call Green County Extension Office to register at
270-932-5311 or visit at 298 Happyville Rd Greensburg
KY

COOKING FROM THE CALENDAR

Split Pea Soup and Cauliflower Bites



February 6th 2025 at 12pm CST

Call the Extension Office at
270-932-5311 to register



LAUGH

& LEARN

Presented by the Green County
Extension Office

FEBRUARY
14TH 2025

Kindergarten preparation
program for 3-5 year olds

10AM CST

Each Program Includes



Storytime



Snacks



Gross Motor Skills

DO YOU KNOW YOUR LEARNING STYLE?

We are always learning! Do you know your learning style? Join FCS Agent Christy Stearns to learn about how we all learn differently! Please RSVP by February 20th!

February 27th at 12pm CST
Green County Extension Office
298 Happyville Rd Greensburg KY 42743

Cooperative Extension Service
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

270-932-5311

www.green.ca.uky.edu

Cooperative Extension Service
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT



2025 Cultural Arts Competition

Mark Your Calendars

- February 26th 9am-12pm: Entries are being accepted & Judging taking place after 12
- February 27th 8:00am: Pick up entries
- March 11th Area Competition in Green Co
- May 6th State Competition in Lexington

Location:

Past Entry Winners from 2024

Green County Cooperative Extension

298 Happyville Rd Greensburg KY 42743

For more information, call 270-932-5311 or email katelyn.squires@uky.edu



Visit Green County Extension Office for the list of categories.



2024-2025 CULTURAL ARTS EXHIBIT CATEGORIES

Categories and Subcategories

1. SEWING (Apparel & Home Decor)

- a. Basic Garment APPAREL
- b. Specialty¹ Garment APPAREL
- c. Accessory APPAREL
- d. Basic HOME DECOR
- e. Specialty¹ HOME DÉCOR

¹ b. and e. "Specialty" may include *appliqued and quilted*.

2. ART, 3-Dimensional

- a. Carving
- b. Sculpture

3. ART, NATURAL

- a. Wood
- b. Other

4. ART, RECYCLED (Include a before picture)

- a. Clothing
- b. Household
- c. Other

5. BASKETRY

- a. Cane
- b. Dyed Material
- c. Miniature (under 4 inch)
- d. Novelty
- e. Plain

6. BEADING

- a. Bead Weaving
- b. Non-jewelry Item/Wearable
- c. Miscellaneous

7. CERAMICS

- a. Hand-formed
- b. Molded
- c. Pre-made

8. COUNTED CROSS STITCH

- a. 14 Count & Under
- b. 16-22 Count
- c. Specialty Cloth (linens, etc.)

9. CROCHET

- a. Accessories
- b. Fashion
- c. Home Décor and Afghans
- d. Thread

10. DOLL/TOY MAKING

- a. Cloth
- b. Handmade Toy other than Porcelain/China or Cloth
- c. Porcelain/China

11. DRAWING

- a. Pastels
- b. Pen and Ink
- c. Pen and Ink with Oil Roughing
- d. Pencil or Charcoal-Black
- e. Pencil-Color

12. EMBROIDERY

- a. Basic
- b. Candle Wicking
- c. Crewel
- d. Machine
- e. Ribbon
- f. Smocking
- g. Swedish
- h. Tatting/Lace Making
- i. Chicken Scratch
- j. Punch Needle (under 60" perimeter)
- k. Miscellaneous

13. FELTING*

- a. Needle Method
- b. Wet Method

14. HOLIDAY DECORATIONS

- a. Autumn
- b. Spring
- c. Summer
- d. Winter

2024-2025 CULTURAL ARTS EXHIBIT CATEGORIES (continued)

15. JEWELRY

- a. Beaded
- b. Mixed Media (wire, chain maille, mixed with beads)
- c. Original Design

16. KNITTING (HAND – with knitting needles)

- a. Accessories
- b. Fashion
- c. Home Décor and Afghans

17. KNITTING (OTHER – machine / loom)

18. NEEDLEPOINT

- a. Cloth Canvas
- b. Plastic

19. PAINTING, ART

- a. Acrylic
- b. Oil
- c. Watercolor

20. PAINTING, DECORATIVE

- a. Metal
- b. Wood
- c. Other

21. PHOTOGRAPHY (mounted or framed) **

- a. Black & White
- b. Color

22. QUILTS***

- a. Baby-size or Lap-size (hand quilted)
- b. Baby-size or Lap-size (machine quilted)
- c. Hand Appliqué (hand quilted)
- d. Hand Pieced (hand quilted)
- e. Machine Appliqué (machine quilted)

22. QUILTS*** (continued)

- f. Machine Pieced (hand quilted)
- g. Machine Pieced (machine quilted)
- h. Novelty (stenciled, embroidered, miniature, etc.) (hand quilted)
- i. Novelty (stenciled, embroidered, miniature, etc.) (machine quilted)
- j. Technology Based (hand or machine quilted)
- k. Miscellaneous (hand or machine quilted)

23. PAPER CRAFTING

- a. Card Making
- b. Origami
- c. Quilling
- d. Scrapbooking****

24. RUG MAKING

- a. Braided
- b. Hooked
- c. Punch Needle, rug (over 60” perimeter)
- d. Woven

25. WALL or DOOR HANGING

- a. Fabric
- b. Other
- c. Diamond Art Mosaic

26. WEAVING

- a. Hand (macrame, caning)
- b. Loom (includes pin weaving)

27. MISCELLANEOUS (Items not included in other categories listed, otherwise they will be disqualified.)

* All felted items should be entered in the Felting category under one of the subcategories. Items that have been knitted or crocheted and wet felted should not be entered in Knitting or Crochet.

** Photographs should be either mounted and/or in a frame – MATTING and/or GLASS is OPTIONAL

***Quilts must be completely done by the KEHA member exhibitor. This includes quilting.

**** Scrapbooking entries are limited to 1 or 2 pages. If the entire scrapbook is sent, please designate pages to be judged.



FEBRUARY 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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Help Hope & Hands
9am
Cooking from the
Calendar 12p

6
Help Hope & Hands
9am
Love of Chocolate
10am

13
Help Hope & Hands
9am
Help Hope & Hands
9am

20
Help Hope & Hands
9am
Cultural Arts Pick Up-
see flyer for more
details

27
Help Hope & Hands
9am
Cultural Arts Pick Up-
see flyer for more
details

28
Cultural Arts
Competition- see flyer
for more details

29
Circle of Friends 4:30

30
Town & Country 4pm
@ Extension Office

31
Summersville 5:30



RETURN SERVICE REQUESTED



Kentucky Red Velvet Muffins

1 1/4 cups whole-wheat flour	Zest of one orange	1 teaspoon vanilla extract
1/3 cup cocoa powder	Juice of one orange	1 cup finely chopped
1 1/2 teaspoons baking powder	(about 4 tablespoons)	cooked beets (see back
1/2 teaspoon salt	2 large eggs, at room	of card for cooking
1/2 cup sugar	temperature	instructions)
4 tablespoons unsalted butter,	1/2 cup unsweetened	1/2 cup semisweet
softened	applesauce	chocolate chips

Preheat oven to 350 degrees F. **Line** 12 muffin cups with paper liners. **Mix** flour, cocoa, baking powder, and salt together in a medium bowl. In a separate large bowl, **beat** sugar, butter, and orange zest until smooth. **Add** orange juice, eggs, applesauce, and vanilla to the sugar mixture; **beat** until smooth. **Stir** about one-third of the flour mixture into the sugar mixture to fully incorporate it into a batter; **repeat** with remaining flour mixture in two even additions. **Fold in** beets and chocolate chips. **Divide** batter

equally into the lined muffin cups using a 1/4-cup measuring scoop. **Bake** about 25 minutes, until a toothpick inserted into the center comes out clean. **Cool** in pan for 10 minutes before **removing** muffins to cool completely on a wire rack.

Yield: 12 muffins

Serving size: 1 muffin

Nutrition analysis: 170 calories, 7g total fat, 4g saturated fat, 40mg cholesterol, 190mg sodium, 26g total carbohydrate, 3g fiber, 15g total sugars, 12g added sugars, 4g protein, 0% DV vitamin D, 2% DV calcium, 6% DV iron, 4% DV potassium.