



PASSPORT KITCHEN

A Self-Paced @ Home Experience

Explore cultures, countries, and food from your own kitchen with this 5-week program. Youth who register will receive a kit filled with interactive materials and ingredients.

Registration Ends:

MONDAY, OCTOBER 17TH
Kits ship October 28th | **COST: \$20**

4-H Passport Kitchen (\$20)

The Kentucky 4-H Passport Kitchen program provides young people with the opportunity to experience the food cultures of different countries in a self-paced experience. As part of the 4-H Passport Kitchen program, young people will receive six country kits in the mail. One kit will be sent each week along with a travel guide email. In the first kit, youth will also receive a passport book and ring to hold all their recipes together. This year the nations that will be explored are Mexico, Brazil, Germany, Laos, and South Africa. The kits will include:

- A recipe card for a local dish.
- A link to a cook-along YouTube video.
- An informational brochure about the country.
- A passport stamp.
- A boarding pass.
- One ingredient from the dish.
- A shopping list.

The program is open for youth ages 9-18 and is virtual, self paced activity. You can do it when it's convenient for you! There is a \$20 one time charge that helps cover the "unique" ingredients that might be harder to find in our rural community. Not all ingredients will be supplied to complete the dish. All countries will be completed before Christmas.

☐ Register by Oct 14 at which time your \$20 is due to the Green County 4-H office and nonrefundable.



Green Co. Cooperative Extension Service

298 Happyville Rd
Greensburg, KY 42743
PH: 270-932-5311
EM: tgentry@uky.edu

Our Facebook page is a great place to see what is happening in 4-H. Like our page at facebook.com/GreenCounty4H or visit our website at www.GreenCounty4-H.org.

What is 4-H?

4-H is America's largest youth development organization—empowering nearly six million young people with the skills to lead for a lifetime.

A community for all kids...

In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us.

We Believe In...

- all young people have potential,
- ensuring access and equity for all,
- the practice of positive youth development by creating positive learning experiences,
- caring and trusted adult mentors who cultivate positive relationships with youth, and
- developing young people who are empowered, confident, hard-working, determined, responsible and compassionate—seeing a world beyond themselves so that they have the life-long skills to succeed in college and career.

4-H Upfront

Green County 4-H Youth Development September 2022

KY 4-H Visual Letters Project

Art is expression and many of us would like to express our hope and support to the people devastated by the floods in Eastern Kentucky. If you haven't seen the magnitude of the emergency, view a short drone video by using your cell phone to open the QR code below or visit this URL at <https://bit.ly/3BM50Bv>. People are struggling. The devastation is real. As a way to show that we still remember and care, youth have an opportunity to send a visual letter to Eastern KY with the KY 4-H Visual Letters Project.

A visual letter is when you use art to express how you feel instead of words. Think of it as being someone's paint pal. Create a piece of visual art to express your feelings of hope and support to the people impacted by the devastating floods in our state. You can use any type of medium you would like including crayons, markers, or paint!

Youth ages 5-18 can participate in this project. You can deliver your art pieces to the 4-H office or scan them and email to clover@kentucky4h.org by November 1st with the subject line 4-H Visual Letters Project.



Upcoming Project Club
and Meeting Dates

BioBlitz, all month of October
Register by October 1

Jr Master Naturalist

Register by October 5
Oct 10, Afterschool, 3-5pm

Virtual 4-H Horse Club

Register by October 12, first
meeting online Oct 24, 5:30pm
Future meetings fourth Mondays

4-H Passport Kitchen

Register by October 14 with \$20
First cooking kit arrives week of
October 28

Teen Issues Conference

Register by October 19
Conference is November 17-19

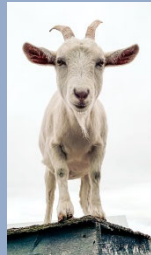
If you have not registered or
attended these activities before,
call the 4-H office to be added to
these activity lists. The phone
number is 270-932-5311.

Washington DC Update

Due to very high airfare, our 4-H
Washington DC Citizenship trip
is being postponed to September
2023. We will have more info for
those wishing to participate in
early 2023. This experience is
being targeted towards middle
and high school students; parents
are welcome to attend pending
volunteer screening. Contact the
4-H office for more
details.

Goats Anyone?

We have had a
request for youth goat
programs. Do you
have goats? They
could be milking or
meat goats, pygmy and dwarfs or
LaMancha and all goats in the
middle. If you would like to learn
more about goats, please call 270-
932-5311 or email us your contact
information. We are trying to see
if there is enough interest in start-
ing a youth based goat project. If
you would be



KENTUCKY 4-H GROWS
EXPRESSIVE ARTS

Performing Arts
Visual Arts
Public Speaking

Enhancing
COMMUNICATIONS
skills through
public speaking and
EXPRESSIVE ARTS.

College of Agriculture,
Food and Environment
Cooperative Extension Service

UKAgE
UKAgESHS
Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age,
sex, religion, disability or national origin. University of Kentucky Kentucky State University U.S. Department
of Agriculture and Kentucky Counties Cooperating. Disability accommodations available upon request.



KY 4-H Junior Master
Naturalist (\$10 one time)

The Junior Master Naturalist
Program (JMN) is designed for
youth **ages 9-12 years** old who are
interested in nature. Each month, a
new program related to a nature
topic will be covered. Each month
will have hands on activities linked
to 4-H programs. There will be a
take home “challenge” activity for
extended learning and fun at home.

Youth who complete seven les-
sons, seven Nature Challenges, a
community service project, and a
fair project will receive a JMN cer-
tificate of completion at the end of
the 4-H Program Year. There is a
\$10 registration for all classes and
includes all snacks and supplies for
the in person meetings. The meet-
ings will be on the second Mon-
days of each month from 3:00 -
5:00 pm CT at the 4-H office.
Youth can ride the school bus to
our office, but they will need an
adult to pick them up at 5pm. The
first meeting is October 10 and will
focus on water resources.

☐ Register by October 5 with
\$10 and complete “afterschool 4-H
form” at green.ca.uky.edu/4-H.

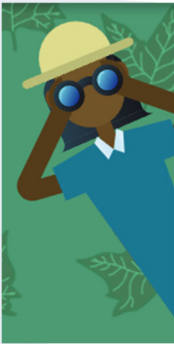


4-H Sponsors BioBlitz
(FREE)

In October, 4-H will
sponsor the first of our four
BioBlitzes. A BioBlitz is
a citizen science event that is
focused on finding and iden-
tifying as many plant and
animal species as possible in a
specified area over a certain period
of time. How cool would it be to
discover a species that was thought
extinct? Or to discover you have a
rare plant or animal living in your
area?

To participate, families will
need access to a smart device like
phone, tablet, etc and both iOS and
Android products will work for this
activity. Families will need to
download a free app that will be
used to document their plant and
animal discoveries. The whole
family can participate!

While finding rare species is
cool, the BioBlitz is critical for
biologist to understand the
diversity of animals in our
communities. Have
you heard about the
bears close to us?
Animal and even
plant locations
change over time
and you can help
document those
changes in this fun
hands on activities.



If you are interested, register by
calling 4-H at 270-932-5311 or by
emailing tgentry@uky.edu; more
details will be provided by email.

☐ Register by October 1

What’s Coming in October?

Next month’s newsletter will be
mailed home and include details
about two new clubs: Outdoor &
Adventure club and our KY Histo-
ry Travel Club. The popular
International Club will be returning
with new countries and group
cooking and games; there will be
an “in home” version with our
Global Table addon option. Enjoy
fall break and get ready for lots of
fun in 4-H!

4-H Issues Conference Gives
Youth a Voice (\$190)

4-H strives to give youth the
skills they need to be adults who
are actively engaged in their com-
munities. Since 1989, KY 4-H has
given its senior members an oppor-
tunity to attend the three-day
statewide Issues Conference to
learn how to identify and address
local issues while developing their
leadership and citizenship skills.

This year’s 4-H Issues Confer-
ence is November 17-19 at the JM
Feltner 4-H Camp in London.
Conference delegates are high
school-age youth with demonstrat-
ed leadership ability or potential,
other organizational involvement,
excellent communication skills,
issue awareness and commitment
to action.

Delegates identify and research
a local issue affecting young peo-
ple before coming to the confer-
ence. At the conference, 4-H’ers
have the opportunity to present
their issue and ideas for a solution.
They also have a chance to collab-
orate with others from around the
state to work toward a solution.
Adult facilitators help lead the
group to develop a presentation on
their issue aimed at a community
board. At the end of the confer-
ence, teams have the opportunity to
apply for a mini-grant to address
their issue.

The conference is designed to
teach delegates about citizenship
and civic engagement. They gain
an understanding of local issues
and the process of addressing those
issues. In the process, they en-
hance their public presentation
skills and their leadership skills.
The three day conference cost \$190
per person; there are limited 4-H
scholarships available. Contact the
4-H office for more details.

☐ Register information available
September 26, due Oct 19.



Virtual 4-H
Horse Club
(Free)

It is with
great excite-
ment that
we open the
registration
window for
another year of

the state-wide 4-H virtual horse
science project group! The online
meetings will take place on the
fourth Mondays of the months
listed below. Activities will start
at 5:30pm CT for one hour from
October-April with NO December
meeting.

Dates of the Meetings

October 24
November 28
January 23
February 27
March 27
April 24

This 4-H activity is free, but
youth must register by deadline to
receive meeting details. Please
complete this registration survey
below by October 12th. If you
miss a meeting or just want to
come for one or two, that is fine!
We will record every meeting and
send it out to the listserv of
enrolled members, as well as
certified horse leaders and county
4-H agents. Attendance will be
recorded and sent to your respec-
tive agent for eligibility to partici-
pate in state-level horse events.

Our first meeting will be a “get
to know you” session where we
will do some ice breakers, learn
all about the possibilities with the
Kentucky 4-H Horse Program,
and maybe play a fun game or
two. Horse ownership is not re-
quired for these activities.

☐ Register by Oct 12 at this URL
<https://bit.ly/3DwUUWy>

